



**DISPOSITIF D'APPUI
À LA COORDINATION**

**PYRÉNÉES-
ATLANTIQUES**



Support
THE CARE PATHWAY
Preserve **INDEPENDENCE**

- To stay at home
- To take care of those close to you
- To coordinate your care pathway

At any age, talk to your physician or contact someone in charge of this Package to support coordination, DAC 64 (Dispositif d'appui à la coordination in French)



Only one phone number

0809 109 109

Free service price of a local call

From Monday to Friday
from 9 a.m. to 12:30 p.m. and from 1:30 p.m. to 5 p.m.

*Teams close by
to help you*

Bayonne sector : 05 59 31 67 67

Pau sector : 05 59 11 22 91

Sauveterre-de-Béarn sector : 05 59 38 79 90

You can directly contact

The Package to support coordination, DAC 64 to :



- ▶ **Search for professionals and services based on your needs** (physicians and specialized doctors, private nurses, home autonomy services, mobile teams, user associations...)
- ▶ **Request an assessment of your needs** to propose solutions in accordance with your wishes
- ▶ **Be helped in the process of finding a reception structure** (retirement house, autonomy residence, day or temporary care, family care...)
- ▶ **Benefit from support for caregivers** (support, solutions to take a break, discussion groups...)
- ▶ **Be oriented towards preventive actions** (memory workshops, fall prevention actions, adapted physical activities, therapeutic education programs, devices for detecting frailty...)

The steps taken following your request are carried out with you, your physician and the professionals in charge

Talk to your physician

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0809 109 109

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contact@dac-64.fr

dac-64.fr

Worn by



With the support

